

APPENDIX 2 – Types of adult abuse

- 1) Physical abuse - the use of force that results in pain, injury, or deterioration in the person's physical state. Examples include:
 - a. punching, hitting, burning
 - b. misuse of medication
 - c. excessive restraint
 - d. forced feeding

- 2) Sexual abuse - sexual activities when the individual does not want the activity, or they have not consented, they do not understand, or they are under 16 years old. Examples include:
 - a. rape or sexual assault
 - b. inappropriate touch
 - c. sexual teasing or innuendo
 - d. sexual harassment
 - e. indecent exposure
 - f. sexual photography or forced use of pornography

- 3) Psychological abuse - has a harmful effect on the emotional health and/or development of an adult at risk. Examples include:
 - a. threats, intimidation, humiliation
 - b. bullying, harassment, verbal abuse
 - c. enforced isolation
 - d. preventing access to services
 - e. preventing choice and opinion
 - f. addressing someone in an infantile or patronising way

- 4) Financial or material abuse - using property, assets, income of adults who are vulnerable without their consent and making financial transactions for adults who do not have mental capacity. Examples include:
 - a. theft of money or possessions
 - b. fraud
 - c. preventing a person access to their own money
 - d. pressure or threat in connection with money, loan, wills or property

- 5) Discriminatory abuse - service or care given influenced negatively by an aspect of the individuality of the adult at risk. Examples include:
 - a. unequal treatment based on age, disability, gender, reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex or sexual orientation
 - b. verbal abuse and derogatory remarks, exclusion, c) hate crime, anti-social behaviour

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- 6) Neglect and acts of omission - not meeting basic or specific social and medical needs. Examples include:
 - a. failure to provide food, shelter, clothing, heating, personal or medical care
 - b. withholding medication as prescribed
 - c. failure to allow choice i.e., Visitors.
 - d. Meeting cultural or religious needs
 - e. ensuring privacy and dignity

- 7) Institutional abuse- the mistreatment of people brought about by poor or inadequate care or support. Examples include:
 - a. lack of leadership and supervision
 - b. lack of respect and dignity
 - c. not providing assistance with activities or daily living
 - d. not offering choice or promoting independence
 - e. failure to respond to complaints.

- 8) Self-neglect - this covers behaviour relating to neglecting to care for one's health, personal hygiene and surroundings and behaviour like hoarding